

Grandparents Raising Grandchildren of Addicted Parents

According to a recent national survey, approximately 2.6 million children in the United States are being raised by their grandparents. With so many grandparents taking on the new-found responsibility of raising a grandchild, how can they balance life with their own child’s addiction while attempting to support a grand child broken by their parent’s addiction?



It is because of this concern the ROC Recovery Center over the last 4 1/2 years has been offering a Parent & Family Member Support Group called RISE. Like most parents who may struggle with a loved one’s addiction, grandparents tend to feel hopeless. These feelings of hopelessness can amplify perhaps into guilt, shame, worry and fear surrounded by the roller coaster life of their own addicted child.

However, the truth about addiction is that it is no one’s fault but that of the one who chooses to use. It is often easy to place the blame or point the finger at someone or something, but addiction has no boundaries or respect to any individual.

It is for this reason we at the ROC Recovery Center continue to offer services for those who may have a loved one caught in the grip of addiction. With so much stress stemming from addiction, it’s critical that grandparents, parents, family members and friends find a network of support. Support can come from anyone, but it can be especially therapeutic to speak with others who are going through a similar experience.

Jason & Abbie Lasota (Director’s of RISE) know firsthand the struggles of dealing with a family member addicted to drugs. After all the heartbreak that drugs and alcohol have caused, some may think that they are offering help when in fact, they may be enabling further drug use with their loved one. That is why it is so important to not only learn about the effects of drugs upon human behaviors, but also learn how to effectively communicate all the while establishing healthy boundaries. It is also important to know that you are not alone in this struggle and that there are others waiting and willing to provide support.

Mission Statement

RISE exists to bring help, healing and hope to those who are affected by a loved one struggling with addiction. We seek to provide education, information and encouragement in a safe and supportive environment. We strive to grow in understanding that addiction affects the entire family and by finding ways to help ourselves, we will be healthy enough to help our loved one. Our focus is on gaining courage, strength and perspective for this journey.

For more information about RISE or the ROC Recovery Center, please call 541-200-3000 or visit our website at www.rocrecoverycenter.org